

FREE MINI-READING

Your Life Path Number

Mini-Reading

Calculate your number in 3 simple steps, then discover what it says about your natural strengths, your challenges, and the direction that suits you best.

3 steps

to find your number

12

numbers explained, including
master numbers

5

reflection prompts to put it to
use

Calculate your Life Path Number

In numerology, your Life Path Number is the most important number in your chart. It comes from your full date of birth and is said to describe your core nature: how you approach life, what drives you, and the lessons you keep meeting along the way.

1

Reduce each part

Reduce your birth **month**, **day**, and **year** separately to a single digit by adding their digits.

2

Add them together

Add the three single digits from step 1 to get one total.

3

Reduce again

Keep adding the digits until you reach 1–9. Stop at **11**, **22**, or **33**: these are master numbers.

Worked example: born July 15, 1985

Month: July = 7 **7**

Day: 15 → 1 + 5 = 6 **6**

Year: 1985 → 1 + 9 + 8 + 5 = 23 → 2 + 3 = 5 **5**

Total: 7 + 6 + 5 = 18 → 1 + 8 = 9 **Life Path 9**

Now find yours

Month My month: _____ → reduces to _____

Day My day: _____ → reduces to _____

Year My year: _____ → reduces to _____

Total _____ + _____ + _____ = _____

My Life Path Number:



Tip: If your month or day is already 11 or 22 (for example, November or the 22nd), keep it as a master number in step 1 instead of reducing it.

Life Path Numbers 1 to 4

1

The Leader

INDEPENDENT · DRIVEN · ORIGINAL

Strengths: initiative, courage, and the determination to start what others only talk about.

Watch for: impatience, stubbornness, and trying to do everything alone.

Reflect: Where in my life am I waiting for permission I don't need?

2

The Peacemaker

COOPERATIVE · SENSITIVE · DIPLOMATIC

Strengths: listening, partnership, and a strong sense of what others are feeling.

Watch for: people-pleasing and avoiding conflict that needs to happen.

Reflect: Which relationship would grow if I said what I really need?

3

The Communicator

EXPRESSIVE · CREATIVE · SOCIAL

Strengths: humor, fresh ideas, and a natural gift for inspiring people.

Watch for: scattered energy and projects started but never finished.

Reflect: Which creative idea deserves 20 minutes of my time this week?

4

The Builder

PRACTICAL · RELIABLE · HARDWORKING

Strengths: planning, discipline, and loyalty that others can count on.

Watch for: rigid thinking and working so hard there's no room to rest.

Reflect: What would I build if I knew I had five steady years?

Life Path Numbers 5 to 8

5

The Adventurer

CURIOUS · ADAPTABLE · FREEDOM-LOVING

Strengths: versatility, courage to try new things, and learning fast.

Watch for: restlessness and saying yes to too many things at once.

Reflect: What new experience would make this month memorable?

6

The Nurturer

CARING · RESPONSIBLE · HOME-CENTERED

Strengths: support, creating harmony, and generosity toward family and friends.

Watch for: over-giving and expecting everything to be perfect.

Reflect: How can I care for myself as well as I care for others?

7

The Seeker

THOUGHTFUL · ANALYTICAL · SPIRITUAL

Strengths: insight, research, and the patience to look beneath the surface.

Watch for: isolating yourself and overthinking instead of acting.

Reflect: What question have I been carrying that deserves quiet time?

8

The Achiever

AMBITIOUS · CAPABLE · GOAL-DRIVEN

Strengths: leadership, organization, and bouncing back from setbacks.

Watch for: overwork and measuring your worth only by success.

Reflect: What does "enough" look like for me?

Life Path 9 and the master numbers



The Humanitarian

COMPASSIONATE · WISE · IDEALISTIC

Strengths: generosity, big-picture vision, and deep empathy for others.

Watch for: sacrificing too much and finding it hard to let go of the past.

Reflect: What chapter is ready to close so a new one can begin?

Master numbers carry the qualities of their reduced number (11 → 2, 22 → 4, 33 → 6), amplified. They're less common, and often described as both a gift and a challenge.



The Intuitive

INSPIRED · PERCEPTIVE · VISIONARY

Strengths: strong intuition and the ability to inspire others with ideas.

Watch for: nervous energy and self-doubt. Grounding routines help.

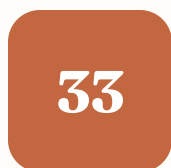


The Master Builder

VISIONARY · PRACTICAL · DETERMINED

Strengths: turning big dreams into real, lasting results.

Watch for: putting too much pressure on yourself to achieve everything at once.



The Master Teacher

COMPASSIONATE · DEVOTED · UPLIFTING

Strengths: guiding, healing, and caring for others with great warmth.

Watch for: self-sacrifice. Your own needs matter too.

Five prompts to reflect on your number

A number is only useful if it helps you see yourself more clearly. Take 10 quiet minutes with these prompts, and write whatever comes to mind.

1. Which strength from my number do I recognize most in myself?

2. Which "watch for" trait has shown up in my life recently?

3. When did I last feel completely "in flow"? What was I doing?

4. What is one small step this week that fits who I naturally am?

5. What would I tell a friend who had my number and my situation?

Want the bigger picture? Your Life Path is just one number. A full numerology chart also looks at the numbers in your name. You can get a free personalized video reading using your name and birth date at Numerologist.com →

YOUR NEXT STEP

Go deeper than one number

This mini-reading covers your Life Path Number, the foundation of your chart. A full reading adds the numbers hidden in your name, such as your Expression and Soul Urge numbers, for a much more personal picture.

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